

CHECKLIST: MANAGEMENT OF THE SICK CHILD AGE 2 MONTHS UP TO 5 YEARS



<p>CHECK FOR GENERAL DANGER SIGNS</p>	<ul style="list-style-type: none"> • NOT ABLE TO DRINK OR BREASTFEED • VOMITS EVERYTHING • CONVULSIONS • LETHARGIC OR UNCONSCIOUS
<p>ASK: DOES THE CHILD HAVE COUGH OR DIFFICULTY BREATHING?</p> <p>If yes, ASK:</p> <ul style="list-style-type: none"> • For how long? 	<ul style="list-style-type: none"> • Count the breaths in one minute (child must be calm). Fast breathing? • Look for chest indrawing. • Look and listen for stridor. • Look and listen for wheeze.
<p>ASK: DOES THE CHILD HAVE DIARRHEA?</p> <p>If yes, ASK:</p> <ul style="list-style-type: none"> • For how long? • Is there blood in the stools? 	<ul style="list-style-type: none"> • Look at the child's general condition. Is the child: Lethargic or unconscious? Restless or irritable? • Look for sunken eyes. • Offer the child fluid. Is the child: Not able to drink or drinking poorly? Drinking eagerly, thirstily? • Pinch the skin of the abdomen. Does it go back: Very slowly (longer than 2 seconds)? Slowly?
<p>ASK: DOES THE CHILD HAVE A THROAT PROBLEM?</p> <p>If yes, ASK:</p> <ul style="list-style-type: none"> • Does the child have a sore throat? • Is the child not able to drink? • Does the child have fever? 	<ul style="list-style-type: none"> • Feel for tender, enlarged lymph nodes on the neck. • Look for red, enlarged tonsils. • Look for white exudate on the throat.
<p>ASK: DOES THE CHILD HAVE AN EAR PROBLEM?</p> <p>If yes, ASK:</p> <ul style="list-style-type: none"> • Is there severe ear pain? • Is there ear discharge? If yes, for how long? 	<ul style="list-style-type: none"> • Look for pus draining from the ear. • Feel for tender swelling behind the child's ear.

ASK: DOES THE CHILD HAVE A SKIN PROBLEM?

If yes, ASK:

- Does the child have skin itchiness?
- Does the child have pain from the skin problem?

- Look for extensive warm redness and swelling.
- Look for redness or swelling around the eyes.
- Look for red, raised, flat-topped bumps or welts on the skin that are smooth to the touch.
- Look for localized warm, tender swelling or redness.
- Look for discrete lesions with pus or crusts.
- Look for papules on the hands, knees, elbows, feet, and trunk.
- Look for round to oval scaly patches.
- Look for small, raised, painless pearl-like bumps often with round dimple in the center.
- Look for dry, thick, scaly rash.
- Look for red itchy spots that look like blisters.
- Look for rash of small red or pink pimples.

CHECK FOR FEVER (Temperature 37.5° C or above)

If yes, ASK:

- For how long?
- If more than 7 days, has fever been present every day?
- Has child had measles in the last 3 months?

- Look or feel for stiff neck.
- Look for runny nose.

LOOK FOR SIGNS OF MEASLES

- Generalized rash and
- One of these: cough, runny nose, or red eyes.

IF THE CHILD HAS MEASLES NOW OR IN THE LAST 3 MONTHS:

- Look for mouth ulcers. Are they deep and extensive?
- Look for pus draining from the eye.
- Look for clouding of the cornea.

CHECK FOR MALNUTRITION

- Look for visible severe wasting.
- Look and feel for oedema of both feet.
- Check the growth chart:
 - Is the child below -2 weight for age?
 - Is the child growth faltering?

CHECK FOR ANAEMIA

- Look for palmar pallor. Is there:
 - Severe palmar pallor?
 - Some palmar pallor?

ASSESS CHILD'S FEEDING if the child has ANAEMIA OR VERY LOW WEIGHT or is less than 2 years old

- Do you breastfeed your child?
 - If yes, how many times in 24 hours?
 - Do you also breastfeed during the night?
- Does the child take any other food or fluids?
 - If yes, what food or fluids? How many times per day?
 - What do you use to feed the child?
 - If very low weight for age: how large are the servings?
- During this illness, has the child's feeding changed?
 - If yes, how?

CHECK IMMUNIZATION/SUPPLEMENTATION/DEWORMING STATUS, ASSESS OTHER PROBLEMS, AND DETERMINE WHEN TO RETURN FOR FOLLOW-UP