



**CALCUTTA
KIDS**

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COUNSELING CARDS FOR IMMUNIZATIONS

For Community Health Workers



Created by Calcutta Kids, May 2012

COUNSELING POINTS FOR IMMUNIZATIONS

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Immunizations Counseling Cards: 1: Tuberculosis



MESSAGES:

- **What is tuberculosis?**
 - A disease caused by germs spread through the air when an infected person breaths, coughs, or sneezes
 - Usually affects the lungs, but can also affect the kidneys, spine and brain
- **Why prevent tuberculosis?**
 - The TB bacteria can attack the lungs, kidneys, spine and brain
 - This can lead to organ failure and ultimately death
- **What are the symptoms of tuberculosis?**
 - Weakness
 - Coughing blood
 - Night sweats
 - Chest pain
 - Weight loss
- **What vaccine is used to prevent tuberculosis?**
 - The BCG vaccine is used to prevent tuberculosis
 - BCG prevents only a specific strain of tuberculosis that causes meningitis in children
 - BCG has variable effectiveness in adults
- **What are the side effects for the tuberculosis vaccine?**
 - A raised blister will form over the site almost immediately after injection
 - A small, red spot may appear at the injection site 2-6 weeks after vaccination; this red spot will eventually heal but may form a scar
 - Patients should seek medical attention if they experience more serious side effects

Immunizations Counseling Cards: 2: Diphtheria



MESSAGES:

- **What is diphtheria?**
 - A disease caused by germs spread through the air when an infected person breathes, coughs, or sneezes
 - Usually affects the lungs and breathing tubes
- **Why prevent diphtheria?**
 - Causes a thick, white covering to form on the back of the throat and nose; this leads to breathing and swallowing problems
 - Diphtheria bacteria can lead to heart failure and cause muscles to stop functioning
- **What are the symptoms of diphtheria?**
 - Starts like a common cold with cold, sore throat, mild fever and chills
 - Thick covering forms on the back of the throat and nose
- **What vaccine is used to prevent diphtheria?**
 - The DPT vaccine is used to prevent diphtheria
 - DPT is a single vaccine that fights against diphtheria, pertussis and tetanus
- **What are the side effects for the diphtheria vaccine?**
 - Redness/swelling/pain from injection site
 - Fever
 - Vomiting
 - Patients should seek medical attention if they experience more serious side effects

Immunizations Counseling Cards: 3: Pertussis (Whooping Cough)



MESSAGES:

- **What is pertussis?**
 - A disease caused by germs spread through the air when an infected person breaths, coughs, or sneezes
 - Usually affects the lungs and breathing tubes
- **Why prevent pertussis?**
 - Uncontrollable, violent coughing can create severe breathing difficulties
 - Coughing episodes can cut off the oxygen flow to the brain, causing brain damage and seizures
 - Causes pneumonia
- **What are the symptoms of pertussis?**
 - Starts with runny nose, sneezing, mild cough and pauses in breathing in infants
 - Coughing becomes violent after 1 to 2 weeks and the child will begin to make the whooping noise as they gasp for breath
 - Babies and young children may turn blue while coughing from lack of oxygen
- **What vaccine is used to prevent pertussis?**
 - The DPT vaccine is used to prevent pertussis
 - DPT is a single vaccine that fights against diphtheria, pertussis and tetanus
- **What are the side effects for the pertussis vaccine?**
 - Redness/swelling/pain from injection site
 - Fever
 - Vomiting
 - Patients should seek medical attention if they experience more serious side effects

Immunizations: 4: Tetanus



MESSAGES:

- **What is tetanus?**
 - A disease caused when the tetanus bacteria enters the body through a puncture of the skin
 - Affects the muscles and brain
- **Why prevent tetanus?**
 - Causes severe muscle spasms that can lead to breathing problems, paralysis and seizures
 - Muscle spasms can be strong enough to break a child's spine
- **What are the symptoms of tetanus?**
 - Tetanus is often called "lockjaw" because the jaw muscles tighten/crap so the mouth cannot open
 - Headache
 - Muscle spasms and stiffness
 - Trouble swallowing
 - Seizures
 - Fever
- **What vaccine is used to prevent tetanus?**
 - The DPT vaccine is used to prevent diphtheria
 - DPT is a single vaccine that fights against diphtheria, pertussis and tetanus
- **What are the side effects for the tetanus vaccine?**
 - Redness/swelling/pain from injection site
 - Fever
 - Vomiting
 - Patients should seek medical attention if they experience more serious side effects

Immunizations: 5: Polio



MESSAGES:

- **What is polio?**
 - A disease caused when the feces of an infected person enters the mouth of someone else, most commonly through contaminated food or water
 - Affects the muscles and brain
- **Why prevent polio?**
 - Causes paralysis of the arms and legs, possibly crippling an individual for life
 - Can affect the muscles that help an individual breathe, which can lead to death
- **What are the symptoms of polio?**
 - Most people who get polio do not have symptoms; if symptoms do show, these symptoms are very minor
 - Fever
 - Tiredness
 - Headache
 - Nausea and vomiting
 - Sore throat
 - Stiff neck and back
 - Pain in arms and legs
- **What vaccine is used to prevent polio?**
 - The OPV vaccine is used to prevent polio
 - OPV is the only oral vaccine given by Calcutta Kids
- **What are the side effects for the polio vaccine?**
 - Side effects are very rare
 - Patients should seek medical attention if they experience more serious side effects

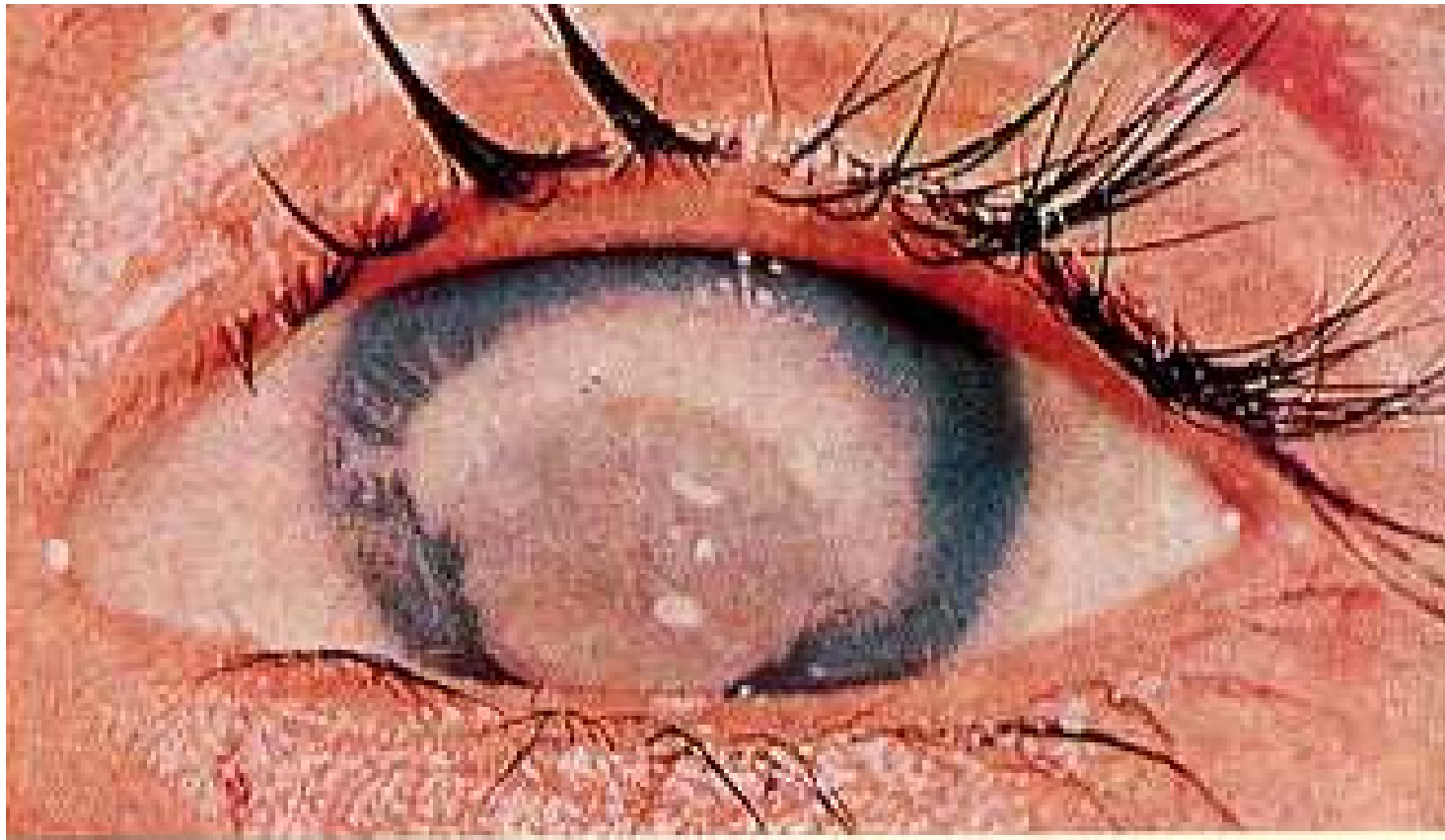
Immunizations: 6: Measles



MESSAGES:

- **What are measles?**
 - A disease caused by germs spread through the air when an infected person breaths, coughs or sneezes
 - Affects the lungs and breathing tubes
- **Why prevent measles?**
 - Can cause severe diarrhea, pneumonia, blindness, ear infection, brain inflammation and death
 - Especially severe among malnourished children, specifically those with vitamin A deficiencies
- **What are the symptoms of measles?**
 - Starts with fever and causes cough, runny nose and red eyes soon after
 - Rash of tiny, red spots will form at the head and spread to the rest of the body
- **What vaccine is used to prevent measles?**
 - The measles vaccine is used to prevent measles
- **What are the side effects for the polio vaccine?**
 - Fever
 - Mild rash
 - Patients should seek medical attention if they experience more serious side effects

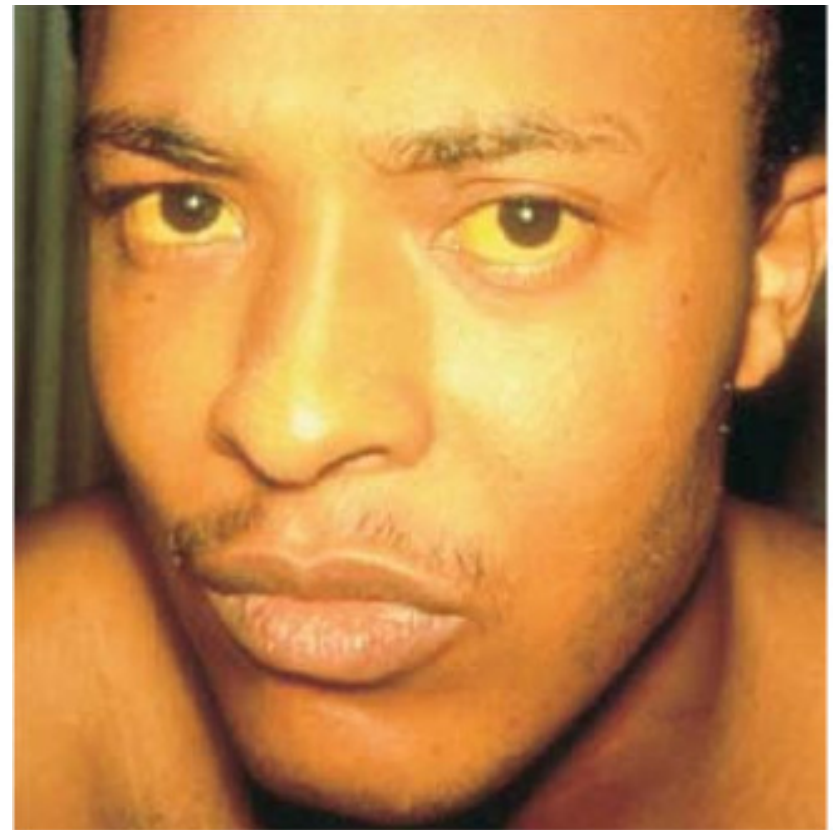
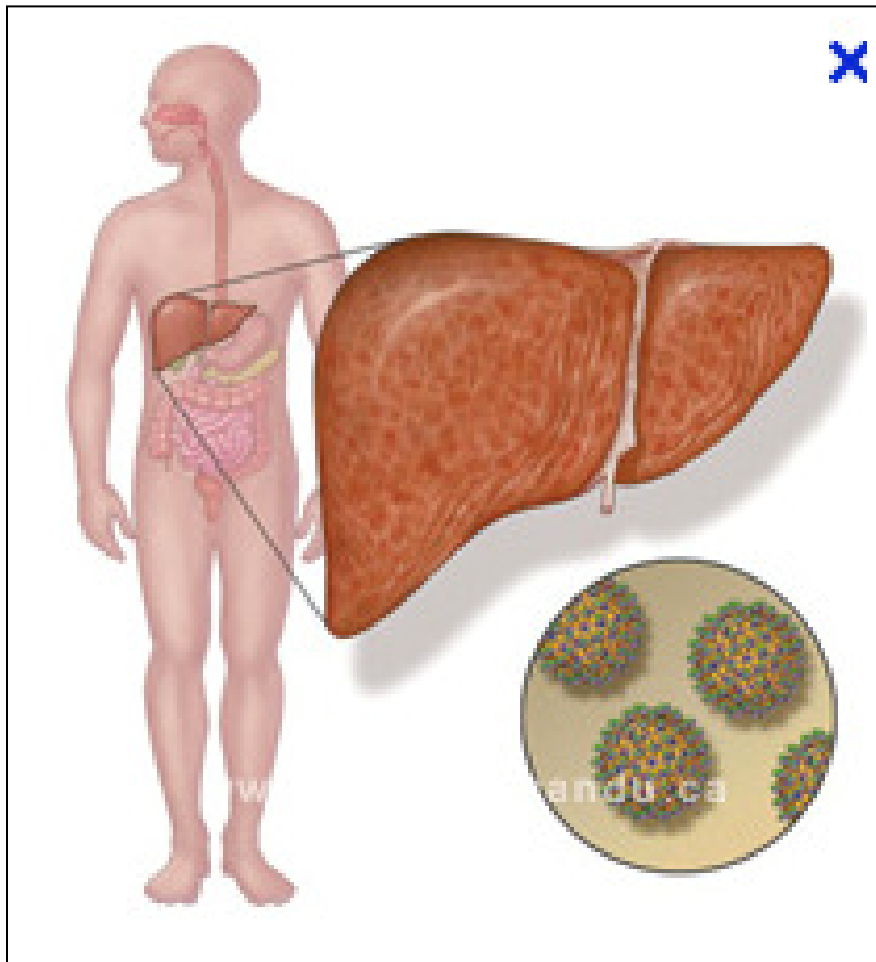
Immunizations: 7: Blindness



MESSAGES:

- **What is vitamin A deficiency blindness?**
 - Vitamin A deficiency can lead to extreme dryness of the eye, causing the white part to become thick and wrinkled
- **Why prevent vitamin A deficiency?**
 - Can cause ulcerations of the cornea which can lead to blindness
- **What are the symptoms of blindness due to vitamin A deficiency?**
 - Dry eyes
 - Clouding of the cornea
 - Trouble seeing in dim lighting
- **What supplement is used to prevent blindness due to vitamin A deficiency?**
 - Rather than a vaccine, vitamin A is a supplement used as a preventative measure against blindness due to vitamin A deficiency
 - Vitamin A also reduces childhood deaths and illness by helping the body fight infection


Immunizations: 8: Hepatitis B



MESSAGES:


- **What is hepatitis B?**
 - A disease caused when the blood of an infected person enters the body of someone else
 - Affects the liver
- **Why prevent vitamin A deficiency?**
 - Can cause liver damage, liver cancer and death
 - The liver is essential to processing nutrients from food and removing toxins from the blood
- **What are the symptoms of hepatitis B?**
 - Children under 5 usually have no symptoms
 - Loss of appetite
 - Fever
 - Tiredness
 - Pain in muscles/joints/stomach
 - Nausea, vomiting, diarrhea
 - Jaundice
- **What vaccine is used to prevent hepatitis B?**
 - The Hep B vaccine is used to prevent hepatitis B
- **What are the side effects for the hepatitis vaccine?**
 - Sore leg
 - Fever
 - Tiredness
 - Patients should seek medical attention if they experience more serious side effects

Immunizations: 9: Importance of On-Time Immunizations



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CHILD PROTECTION CARD



Child ID: _____
 Name: _____
 DOB: ____ / ____ / ____
 Birth Weight: _____ Weeks of Pregnancy: _____
 Mother ID: _____
 Mother Name: _____
 House NO: _____ Room NO: _____
 Street: _____ Area: _____
 Phone No: _____

IMMUNIZATIONS

Vaccines	Best Date	Actual Date	CK Stamp	Not at CK
000 BCG	____/____/____	____/____/____		<input type="checkbox"/>
001 DPT-1 OPV-1 Hep B-1	____/____/____	____/____/____		<input type="checkbox"/>
002 DPT-2 OPV-2 Hep B-2	____/____/____	____/____/____		<input type="checkbox"/>
003 DPT-3 OPV-3 Hep B-3	____/____/____	____/____/____		<input type="checkbox"/>
004 Measles Vit A-1	____/____/____	____/____/____		<input type="checkbox"/>
005 DPT-B OPV-B	____/____/____	____/____/____		<input type="checkbox"/>
006 Vit A-2	____/____/____	____/____/____		<input type="checkbox"/>
007 Vit A-3	____/____/____	____/____/____		<input type="checkbox"/>
008 Vit A-4	____/____/____	____/____/____		<input type="checkbox"/>
009 Vit A-5	____/____/____	____/____/____		<input type="checkbox"/>

Immunization Completed:

Authorized by: _____

	Vaccines	Best Date	Actual Date	CK Stamp	Not at CK
Birth	BCG OPV - 0	____/____/____	____/____/____		<input type="checkbox"/>
1 ½ months	DPT - 1 OPV - 1 Hep B - 1	____/____/____	____/____/____		<input type="checkbox"/>
2 ½ months	DPT - 2 OPV - 2 Hep B - 2	____/____/____	____/____/____		<input type="checkbox"/>
3 ½ months	DPT - 3 OPV - 3 Hep B - 3	____/____/____	____/____/____		<input type="checkbox"/>
9 months	Measles Vit A - 1	____/____/____	____/____/____		<input type="checkbox"/>
16-24 months	DPT - B OPV - B	____/____/____	____/____/____		<input type="checkbox"/>
18 months	Vit A - 2	____/____/____	____/____/____		<input type="checkbox"/>
24 months	Vit A - 3	____/____/____	____/____/____		<input type="checkbox"/>
30 months	Vit A - 4	____/____/____	____/____/____		<input type="checkbox"/>
36 months	Vit A - 5	____/____/____	____/____/____		<input type="checkbox"/>

MESSAGES:

- Immunizing a child on-time protects the child and others from diseases as early as possible
- It is especially important for children under 5 to receive their immunizations on-time because their immune systems have not build up the necessary defenses to fight infection
- If a child misses a scheduled vaccine, the vaccine should be given as soon as possible
- Tracking vaccines on the Calcutta Kids Child Protection card is especially important
 - Avoids duplicate vaccinations, which can lead to increased chance of experiencing side-effects
 - Helps keep immunizations up to date
 - Increases awareness of next due vaccine